
**STRUCTURED CLINICAL INTERVIEW FOR
DSM-5[®] SCREENING PERSONALITY QUESTIONNAIRE**

SCID-5-SPQ

Designed to be used as a screener for the
Structured Clinical Interview for
DSM-5[®] Personality Disorders (SCID-5-PD)

**Michael B. First, M.D.
Janet B. W. Williams, Ph.D.
Lorna Smith Benjamin, Ph.D.
Robert L. Spitzer, M.D.**

Instructions

These questions are about the kind of person you generally are; that is, how you have usually felt or behaved over the past several years. Circle "YES" if the question completely or mostly applies to you or "NO" if the question does not apply to you. If you do not understand a question, leave it blank.

- | | | | | |
|-----|---|-----------|------------|------|
| 1. | Have you avoided jobs or tasks that involved having to deal with a lot of people? | <i>NO</i> | <i>YES</i> | PQ4 |
| 2. | Do you avoid making friends with people unless you are certain they will like you? | <i>NO</i> | <i>YES</i> | PQ5 |
| 3. | Do you find it hard to be "open" even with people you are close to? | <i>NO</i> | <i>YES</i> | PQ6 |
| 4. | Do you often worry about being criticized or rejected in social situations? | <i>NO</i> | <i>YES</i> | PQ7 |
| 5. | Are you usually quiet when you meet new people? | <i>NO</i> | <i>YES</i> | PQ8 |
| 6. | Do you believe that you're not as good, as smart, or as attractive as most other people? | <i>NO</i> | <i>YES</i> | PQ9 |
| 7. | Are you afraid to do things that might be challenging or to try anything new? | <i>NO</i> | <i>YES</i> | PQ10 |
| 8. | Is it hard for you to make everyday decisions, like what to wear or what to order in a restaurant, without advice and reassurance from others? | <i>NO</i> | <i>YES</i> | PQ11 |
| 9. | Do you depend on other people to handle important areas of your life, such as finances, child care, or living arrangements? | <i>NO</i> | <i>YES</i> | PQ12 |
| 10. | Do you have trouble disagreeing with people even when you think they are wrong? | <i>NO</i> | <i>YES</i> | PQ13 |
| 11. | Do you find it hard to start projects or do things on your own? | <i>NO</i> | <i>YES</i> | PQ14 |
| 12. | Is it so important to you to be taken care of by others that you are willing to do unpleasant or unreasonable things for them? | <i>NO</i> | <i>YES</i> | PQ15 |
| 13. | Do you usually feel uncomfortable when you are by yourself? | <i>NO</i> | <i>YES</i> | PQ16 |

14.	When a close relationship ends, do you feel you immediately have to find someone else to take care of you?	NO	YES	PQ17
15.	Do you worry a lot about being left alone to take care of yourself?	NO	YES	PQ18
16.	Are you the kind of person who spends a lot of time focusing on details, order, or organization, or making lists and schedules?	NO	YES	PQ19
17.	Do you have trouble finishing things because you spend so much time trying to get them exactly right?	NO	YES	PQ20
18.	Are you very devoted to your work or to being productive?	NO	YES	PQ21
19.	Do you have very high standards about what is right and what is wrong?	NO	YES	PQ22
20.	Do you have trouble throwing things out because they might come in handy someday?	NO	YES	PQ23
21.	Is it hard for you to work with other people or ask others to do things if they don't agree to do things exactly the way you want?	NO	YES	PQ24
22.	Is it hard for you to spend money on yourself and other people?	NO	YES	PQ25
23.	Once you've made plans, is it hard for you to make changes?	NO	YES	PQ26
24.	Have other people said that you are stubborn?	NO	YES	PQ27
25.	Do you often get the feeling that people are using you, hurting you, or lying to you?	NO	YES	PQ28
26.	Are you a very private person who rarely confides in other people?	NO	YES	PQ29
27.	Do you find that it is best not to let other people know much about you because they will use it against you?	NO	YES	PQ30
28.	Do you often feel that people are threatening or insulting you by the things they say or do?	NO	YES	PQ31
29.	Are you the kind of person who holds grudges or takes a long time to forgive people who have insulted or slighted you?	NO	YES	PQ32

30.	Are there a lot of people you can't forgive because they did or said something to you a long time ago?	NO	YES	PQ33
31.	Do you often get angry or lash out when someone criticizes or insults you in some way?	NO	YES	PQ34
32.	Have you sometimes suspected that your spouse or partner has been unfaithful?	NO	YES	PQ35
33.	When you are out in public and see people talking, do you often feel that they are talking about you?	NO	YES	PQ36
34.	When you are around people, do you often get the feeling that you are being watched or stared at?	NO	YES	PQ37
35.	Do you often get the feeling that the words to a song or something in a movie or on TV has a special meaning for you in particular?	NO	YES	PQ38
36.	Are you a superstitious person?	NO	YES	PQ39
37.	Have you ever felt that you could make things happen just by making a wish or thinking about them?	NO	YES	PQ40
38.	Have you had personal experiences with the supernatural?	NO	YES	PQ41
39.	Do you believe that you have a "sixth sense" that allows you to know and predict things?	NO	YES	PQ42
40.	Do you often have the feeling that everything is unreal, that you are detached from your body or mind, or that you are an outside observer of your own thoughts or movements?	NO	YES	PQ43
41.	Do you often see things that other people don't see?	NO	YES	PQ44
42.	Do you often hear a voice softly speaking your name?	NO	YES	PQ45
43.	Have you had the sense that some person or force is around you, even though you cannot see anyone?	NO	YES	PQ46
44.	Are there very few people who you're really close to outside of your immediate family?	NO	YES	PQ47

45.	Do you often feel nervous when you are around people you don't know very well?	<i>NO</i>	<i>YES</i>	PQ48
46.	Is it NOT important to you to have friends or romantic relationships or to be involved with your family?	<i>NO</i>	<i>YES</i>	PQ49
47.	Would you almost always rather do things alone than with other people?	<i>NO</i>	<i>YES</i>	PQ50
48.	Do you have little or no interest in having sexual experiences with another person?	<i>NO</i>	<i>YES</i>	PQ51
49.	Are there really very few things that give you pleasure?	<i>NO</i>	<i>YES</i>	PQ52
50.	Does it not matter to you what people think of you?	<i>NO</i>	<i>YES</i>	PQ53
51.	Do you rarely have strong feelings, like being very angry or feeling joyful?	<i>NO</i>	<i>YES</i>	PQ54
52.	Do you like being the center of attention?	<i>NO</i>	<i>YES</i>	PQ55
53.	Do you tend to flirt a lot?	<i>NO</i>	<i>YES</i>	PQ56
54.	Do you often find yourself "coming on" to people?	<i>NO</i>	<i>YES</i>	PQ57
55.	Do you like to draw attention to yourself by the way you dress or look?	<i>NO</i>	<i>YES</i>	PQ58
56.	Do you tend to be very dramatic in your actions and speech?	<i>NO</i>	<i>YES</i>	PQ59
57.	Are you more emotional than most other people, for example, sobbing when you hear a sad story?	<i>NO</i>	<i>YES</i>	PQ60
58.	Do you often change your mind about things depending on the people you're with or what you have just read or seen on TV?	<i>NO</i>	<i>YES</i>	PQ61
59.	Do you feel that you are good friends even with people who provide a service, like your plumber, your car mechanic, and your doctor?	<i>NO</i>	<i>YES</i>	PQ62
60.	Are you more important, more talented, or more successful than most other people?	<i>NO</i>	<i>YES</i>	PQ63

61.	Have people told you that you have too high an opinion of yourself?	NO	YES	PQ64
62.	Do you think a lot about the power, success, or recognition that you expect to be yours someday?	NO	YES	PQ65
63.	Do you think a lot about the perfect romance that will be yours someday?	NO	YES	PQ66
64.	When you have a problem, do you almost always insist on seeing the top person?	NO	YES	PQ67
65.	Do you try to spend time with people who are important or influential?	NO	YES	PQ68
66.	Is it important to you that people pay attention to you or admire you in some way?	NO	YES	PQ69
67.	Do you feel that you are the kind of person who deserves special treatment, or that other people should automatically do what you want?	NO	YES	PQ70
68.	Do you often have to put your needs above other people's?	NO	YES	PQ71
69.	Have others complained that you take advantage of people?	NO	YES	PQ72
70.	Do you generally feel that other people's needs or feelings are really not your problem?	NO	YES	PQ73
71.	Do you often find other people's problems to be boring?	NO	YES	PQ74
72.	Have people complained to you that you don't listen to them or care about their feelings?	NO	YES	PQ75
73.	When you see someone who is successful, do you feel that you deserve it more than they do?	NO	YES	PQ76
74.	Do you feel that others are often envious of you?	NO	YES	PQ77
75.	Do you find that there are very few people who are worth your time and attention?	NO	YES	PQ78

76.	Have other people complained that you act too “high and mighty” or arrogant?	NO	YES	PQ79
77.	Have you become frantic when you thought that someone you really cared about was going to leave you?	NO	YES	PQ80
78.	Do relationships with people you really care about have lots of extreme ups and downs?	NO	YES	PQ81
79.	Does your sense of who you are often change dramatically?	NO	YES	PQ82
80.	Are you different with different people or in different situations, so that you sometimes don’t know who you really are?	NO	YES	PQ83
81.	Have there been lots of sudden changes in your goals, career plans, religious beliefs, and so on?	NO	YES	PQ84
82.	Have there been lots of sudden changes in the kinds of friends you have or in your sexual identity?	NO	YES	PQ85
83.	Have you often done things impulsively?	NO	YES	PQ86
84.	Have you tried to hurt or kill yourself or threatened to do so?	NO	YES	PQ87
85.	Have you ever cut, burned, or scratched yourself on purpose?	NO	YES	PQ88
86.	Does your mood often change in a single day, based on what’s going on in your life?	NO	YES	PQ89
87.	Do you often feel empty inside?	NO	YES	PQ90
88.	Do you often have temper outbursts or get so angry that you lose control?	NO	YES	PQ91
89.	Do you hit people or throw things when you get angry?	NO	YES	PQ92
90.	Do even little things get you very angry?	NO	YES	PQ93
91.	When you get very upset, do you get suspicious of other people or feel disconnected from your body or that things are unreal?	NO	YES	PQ94

The following questions apply to things you did before you were 15 years old.

92.	Before you were 15, did you bully, threaten, or scare other kids?	NO	YES	PQ95
93.	Before you were 15, did you start fights?	NO	YES	PQ96
94.	Before you were 15, did you hurt or threaten someone with a weapon, like a bat, brick, broken bottle, a knife, or a gun?	NO	YES	PQ97
95.	Before you were 15, did you do cruel things to someone that caused him or her physical pain or suffering?	NO	YES	PQ98
96.	Before you were 15, did you hurt animals on purpose?	NO	YES	PQ99
97.	Before you were 15, did you mug, rob, or forcibly take something from someone by threatening him or her?	NO	YES	PQ100
98.	Before you were 15, did you force someone to do something sexual?	NO	YES	PQ101
99.	Before you were 15, did you set fires?	NO	YES	PQ102
100.	Before you were 15, did you deliberately destroy things that weren't yours?	NO	YES	PQ103
101.	Before you were 15, did you break into houses, other buildings, or cars?	NO	YES	PQ104
102.	Before you were 15, did you lie a lot or con other people to get something you wanted or to get out of doing something?	NO	YES	PQ105
103.	Before you were 15, did you sometimes shoplift, steal something, or forge someone's signature for money?	NO	YES	PQ106
104.	Before you were 15, did you run away and stay away overnight?	NO	YES	PG107

The following two questions apply to things you did before you were 13 years old.

105.	Before you were 13, did you often stay out very late, long after the time you were supposed to be home?	NO	YES	PQ108
106.	Before you were 13, did you often skip school?	NO	YES	PQ109